
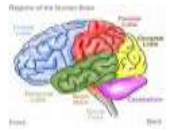



The Colony August Calendar of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22</p> <p>1:00 Cards CR</p>	<p>23</p> <p>9:45 Exercise CR</p> <p>10:30 Cub Foods</p>  <p>1:00 Bible Study FL</p> <p>2:00 Trivia FL</p>	<p>24</p> <p>9:30 The Shopping Bus</p> <p>9:45 Exercise CR</p> <p>10:30 Skipbo CR</p> <p>1:00 Book Club FL</p> <p>2:00 Scrabble/Café</p> <p>2:00 Knitting/Café</p>	<p>25</p> <p>9:45 Exercise CR</p> <p>10:30 Brain Power CR</p>  <p>10:30 Walgreens (Must Sign Up)</p> <p>1:00 Fun With Color CR</p> <p>1:00 Rummikub CR</p> <p>2:30 Music with Bob the Beachcomber CR</p>	<p>26</p> <p>9:45 Exercise CR</p> <p>10:30 "Handle With Care/Cinema Room</p> <p>11:00 Catholic Rosary and Communion FL</p> <p>1:00 Arthritis Class CinR</p> <p>2:00 Trivia FL</p> <p>3:00 Sequence CR</p> <p>6:30 Card Making in the Cafe</p>	<p>27</p> <p>9:45 Exercise CR</p> <p>10:30 "Phase 10" CR</p> <p>10:30 Yoga FL</p> <p>11:00 Bank Run (Must Sign Up)</p> <p>1:00 Arthritis Class/Cinema Room</p> <p>1:00 Book Club FL</p>  <p>2:00 Birthday Party CR</p> <p>3:00 Bridge CR</p>	<p>28</p> <p>9:45 Exercise CR</p> <p>10:30 Donuts and Coffee</p>
<p>29</p> <p>1:30 Movie in the Cinema Room</p>	<p>30</p> <p>9:45 Exercise CR</p> <p>10:30 Balance Class/Cinema Room</p> <p>10:30 Cub Foods (Must Sign Up)</p> <p>1:00 Balance Class/Cinema Room</p> <p>1:00 Bible Study FL</p> <p>2:00 Trivia FL</p>	<p>31</p> <p>9:30 The Shopping Bus</p> <p>9:45 Exercise CR</p> <p>10:30 Skipbo CR</p> <p>1:30 Memorial Service for Helen Jones CR</p> <p>2:30 Knitting/Café</p> <p>2:30 Scrabble/Café</p>	<p>1</p> <p>9:45 Exercises CR</p> <p>10:30 Target (Must Sign Up)</p> <p>10:30 Brain Power CR</p> <p>1:00 Rummikub CR</p> <p>2:00 Treats in the Cafe</p> <p>3:30 Wii CR</p>	<p>2</p> <p>9:45 Exercise CR</p> <p>10:30 "Handle with Care/Cinema Room</p> <p>11:00 Catholic Rosary and Communion FL</p> <p>1:00 Arthritis Class/Cinema Rm</p> <p>2:00 Trivia FL</p> <p>3:00 "Sequence" CR</p> <p>6:30 Bingo with Donna CR</p>	<p>3</p> <p>9:45 Exercise</p> <p>10:30 "Phase 10" FL</p> <p>10:30 Yoga FL</p> <p>11:00 Bank Run</p> <p>1:00 Arthritis Class/Cinema Room</p> <p>11:30 Trip to the Arboretum (Must Sign Up)</p> <p>2:00 Music with Lori Ronchak CR</p> <p>3:00 Bridge CR</p>	<p>4</p> <p>9:45 Exercise CR</p> <p>10:30 Scrapbooking CR</p> <p>1:00 Cookies in the Café</p> <p>3:00 Games in the Community Room</p>

Please Remember that this Calendar Subject to Change. Watch for changes on daily calendar posted in elevators and by the dining room. CR=Community Room CinR=Cinema Room FL=Fireside Lounge

TRANSPORTATION AVAILABLE THROUGH THE ACTIVITIES DEPARTMENT