



**Outings**

**Special Events**

- 12-5 Travel to Italy
- 12-13 Holiday Dinner
- 12-17 Music with After "5"
- 12-28 December Birthday Party
- 12-24 New Years Party

All are welcome to use the Thrive Cart Activities Any Time

SUN	MON	TUE	WED	THU	FRI	SAT
						1 <u>Morning Programs</u> Rise and Thrive News Headlines Games and Puzzles <u>Afternoon Programs</u> Hallmark Programs Remember When
2 <u>Morning Programs</u> Arm Chair Exercise News Headlines Mandala Coloring <u>Afternoon Programs</u> 2:00 Colony Community Worship Service CR	3 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Piano with Joan <u>Afternoon Programs</u> Fancy Fingers Meditation with John <u>Evening Program</u> Color Me Calm	4 <u>Morning Programs</u> Better Balance News Headlines Crafts with Linda <u>Afternoon Programs</u> Good News with Holly Hangman <u>Evening Program</u> Bingo	5 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> 2:00 Travel to Italy 3:30 Piano with Allison <u>Evening Program</u> 6:00 Second Hand Hounds	6 <u>Morning Programs</u> Better Balance Drumming with Linda Worship with Pastor Rod <u>Afternoon Programs</u> Giant Crossword 3:00 Bible Study with Mary <u>Evening Program</u> Sing Along	7 <u>Morning Programs</u> Rise and Thrive News Headlines 10:00 Piano with Joan <u>Afternoon Programs</u> Table Games Outburst <u>Evening Program</u> High Low Card Game	8 <u>Morning Programs</u> Arm Chair Exercise News Headlines Bingo <u>Afternoon Programs</u> Coffee Social Finish Lines
9 <u>Morning Programs</u> Arm Chair Exercise News Headlines Classic Sit-Coms <u>Afternoon Programs</u> 2:00 The Colony Community Worship Service CR	10 <u>Morning Programs</u> Rise and Thrive News Headlines Piano with Evelyn <u>Afternoon Programs</u> Giant Crossword Puzzle Trivia with John <u>Evening Program</u> Color me Calm	11 <u>Morning Programs</u> Better Balance News Headlines Color and Coffee <u>Afternoon Programs</u> Good News with Holly Finish Line <u>Evening Program</u> Bingo	12 <u>Morning Programs</u> Tai Chi with Holly News Headlines 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> Snack and Social 3:30 Piano with Allison <u>Evening Program</u> 6:00 Second Hand Hounds	13 <u>Morning Programs</u> Better Balance News Headlines Drumming w/ Linda Worship with Pastor Rod <u>Afternoon Programs</u> Popcorn Social 3:00 Bible Study with Mary 5:00 Holiday Dinner	14 <u>Morning Programs</u> Better Balance News Headlines 10:00 Piano with Joan <u>Afternoon Programs</u> Meditation with Holly Wisdom Through the Ages <u>Evening Program</u> High Low Card Game	15 <u>Morning Programs</u> Arm Chair Exercise News Headlines Christmas Travel Series <u>Afternoon Programs</u> 1:00 Manicures w/ NCL Volunteers Trivia
16 <u>Morning Programs</u> Arm Chair Exercise News Headlines Word Puzzles <u>Afternoon Programs</u> 2:00 The Colony Community Worship Service CR	17 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Piano with Joan <u>Afternoon Programs</u> Fancy Fingers Social with Lefse <u>Evening Programs</u> Music with After "5"	18 <u>Morning Programs</u> Better Balance News Headlines Christmas Coloring <u>Afternoon Programs</u> Good News with Holly Egg Nog Social <u>Evening Program</u> Bingo	19 <u>Morning Programs</u> Rise and Thrive Art with Michele 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> Christmas Name That Tune Meditation with John <u>Evening Program</u> Second Hand Hounds	20 <u>Morning Programs</u> Better Balance Drumming with Linda Worship with Pastor Rod <u>Afternoon Programs</u> Hand Massage with Holly 3:00 Bible Study with Mary <u>Evening Program</u> Sing Along	21 <u>Morning Programs</u> Better Balance News Headlines 10:00 Piano with Joan <u>Afternoon Programs</u> Social Hour Christmas Trivia <u>Evening Program</u> High Low Card Game	22 <u>Morning Programs</u> Arm Chair Exercise News Headlines Bingo <u>Afternoon Programs</u> Name it Active Games
23 / 30 <u>Morning Programs</u> Arm Chair Exercise News Headlines Connect the Dots and Color <u>Afternoon Programs</u> 2:00 The Colony Community Worship Service CR	24 / 31 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Piano with Evelyn <u>Afternoon Programs</u> Spelling Bee 31 Same as Above and 2:00 New Years Party	25 Merry Christmas <u>Morning Program</u> Arm Chair Exercise News Headlines Christmas Coloring <u>Afternoon Program</u> 1:45 Second Hand Hounds Holiday Movie	26 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> Meditation with John Holiday Hangman <u>Evening Program</u> Second Hand Hounds	27 <u>Morning Programs</u> Better Balance News Headlines Drumming with Linda Worship w/ Pastor Rod <u>Afternoon Programs</u> 2:00 Holiday Concert 3:00 Bible Study <u>Evening Program</u> Sing Along	28 <u>Morning Programs</u> Better Balance News Headlines Travel Series <u>Afternoon Programs</u> Suddenly Senior 2:00 December Birthday Party Trivia <u>Evening Program</u> High Low Card Game	29 <u>Morning Programs</u> Arm Chair Exercise News Headlines Mandala Coloring <u>Afternoon Programs</u> Travel Series Senior Moments