



**Outings**

**Special Events**  
 11-8 Dixieland Band  
 11-9 Speaker David Jones  
 "Charles Lindbergh"  
 11-12 Veterans Day  
 Program  
 11-15 Happy Hour and  
 Music w/the High Hats CR  
 11-20 Thanksgiving Service  
 w/ Pastor Rod  
 11-21 Thanksgiving Social  
 11-27 Travel to the Ukraine  
 11-30 November Birthday  
 Party CR

All are welcome to use the Thrive  
 Cart Activities Any Time

**Thrive**

SUN	MON	TUE	WED	THU	FRI	SAT
				1 <u>Morning Program</u> Better Balance News Headlines Drumming w/ Linda Worship with Pastor Rod <u>Afternoon Programs</u> Name that Tune 3:00 Bible Study w/ Mary	2 <u>Morning Program</u> Rise and Thrive News Headlines Travel Series <u>Afternoon Programs</u> Afternoon Social Kwizniac	3 <u>Morning Programs</u> Rise and Thrive News Headlines Coffee and Games <u>Afternoon Programs</u> Jigsaw Puzzles Reminisce
4 <u>Morning Programs</u> Arm Chair Exercise News Headlines TV Classics <u>Afternoon Programs</u> 2:00 Colony Community Worship Service CR	5 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Piano with Joan <u>Afternoon Programs</u> Fancy Fingers Active Games	6 <u>Morning Programs</u> Better Balance News Headlines Math and Word Games <u>Afternoon Programs</u> Good News with Holly Outburst <u>Evening Program</u> Bingo	7 <u>Morning Programs</u> Tai Chi with Holly News Headlines 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> Finish Line Giant Crossword Puzzle 3:30 Piano with Allison	8 <u>Morning Programs</u> Better Balance News Headlines Drumming with Linda Worship with Pastor Rod <u>Afternoon Programs</u> 2:00 Dixieland Band 2:30 Bible Study with Mary	9 <u>Morning Programs</u> Rise and Thrive News Headlines 10:00 Piano with Joan <u>Afternoon Programs</u> 2:00 Speaker David Jones "Charles Lindbergh" CR Trivia with John	10 <u>Morning Programs</u> Arm Chair Exercise News Headlines <u>Afternoon Programs</u> 1:30 Bingo with Wooddale Church Volunteers
11 <u>Morning Programs</u> Arm Chair Exercise News Headlines "Andy Griffith" <u>Afternoon Programs</u> 2:00 The Colony Community Worship Service CR	12 <u>Morning Programs</u> Rise and Thrive Bowling Piano with Evelyn <u>Afternoon Programs</u> Selling Bee 2:00 Veterans Day Program CR News Headlines	13 <u>Morning Programs</u> Better Balance News Headlines Thanksgiving Coloring <u>Afternoon Programs</u> Good News with Holly Hangman	14 <u>Morning Programs</u> Rise and Thrive 9:30 Art with Michele 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> Snack and Social 3:30 Piano with Allison <u>Evening Program</u> 6:00 Second Hand Hounds	15 <u>Morning Programs</u> Better Balance News Headlines Drumming w/ Linda Worship with Pastor Rod <u>Afternoon Programs</u> 2:00 Happy Hour and Music CR 3:00 Bible Study with Mary	16 <u>Morning Programs</u> Better Balance News Headlines 10:00 Piano with Joan <u>Afternoon Programs</u> Holiday Movie Tale Spinners with John	17 <u>Morning Programs</u> Arm Chair Exercise News Headlines Mandala Coloring <u>Afternoon Programs</u> 1:00 Manicures with NCL Volunteers
18 <u>Morning Programs</u> Arm Chair Exercise News Headlines <u>Afternoon Programs</u> 1:30 Bingo w/ Volunteers from QM Impact 2:00 The Colony Community Worship Service CR	19 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Piano with Joan <u>Afternoon Programs</u> Relaxation Fancy Fingers Popcorn Social	20 <u>Morning Programs</u> Better Balance News Headlines 10:45 Thanksgiving Service w/ Pastor Rod Catholic Mass CR <u>Afternoon Programs</u> Good News with Holly Thanksgiving Trivia and Fun Facts	21 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> 2:00 Thanksgiving Social Remember When <u>Evening Program</u> Second Hand Hounds	22 Happy Thanksgiving	23 <u>Morning Programs</u> Better Balance News Headlines Travel Series <u>Afternoon Programs</u> Social Hour Name-it	24 <u>Morning Programs</u> Arm Chair Exercise News Headlines Bingo with Mattie <u>Afternoon Programs</u> Afternoon Matinee Trivia
25 <u>Morning Programs</u> Arm Chair Exercise News Headlines Coloring and Word Finds <u>Afternoon Programs</u> 2:00 The Colony Community Worship Service CR	26 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Piano with Joan <u>Afternoon Programs</u> Hand Massage w/ Holly Active Games	27 <u>Morning Programs</u> Better Balance News Headlines 10:30 Colony Choir RC <u>Afternoon Programs</u> 2:05 Travel to Ukraine Afternoon Social and Discussion about the Ukraine <u>Evening Program</u> Bingo	28 <u>Morning Programs</u> Rise and Thrive News Headlines 10:30 Sing Along with Pastor Rod <u>Afternoon Programs</u> 3:30 Piano with Allison <u>Evening Program</u> Second Hand Hounds	29 <u>Morning Programs</u> Better Balance News Headlines Drumming with Linda Worship w/ Pastor Rod <u>Afternoon Programs</u> Cards and Coffee Senior Moments	30 <u>Morning Programs</u> Better Balance News Headlines 10:00 Piano with Joan <u>Afternoon Programs</u> Suddenly Senior 2:00 November Birthday Party "Finish the Jingle "	