



SUN	MON	TUE	WED	THU	FRI	SAT	THE COLONY™
					1 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR <b>2:00 Music with Carolyn Jaynes CR</b>	2 1:00 Movie in the Theater 1:00 Bridge FL	<p><b>OUTINGS</b></p> <p>Cub Foods Target Walmart Dollar Store Bank Run Arboretum Lunch and Flower Show</p> <p><b>Calendar Key</b></p> <p>A=Atrium CR=Community Room FL= Fireside Lounge C=Café ES=Exercise Studio P=Patio GV=Garden View FD=Fine Dining T=Theater</p>
3 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	4 9:45 Rise and Thrive CR <b>10:30 Cub Foods</b> 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR	5 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café <b>1:30 Resident Council CR</b> 2:15 Movie in the Theater 3:00 Wisdom Circle GV 3:00 Wordscapes CR <b>6:30 NCL Bingo CR</b>	6 9:45 Rise and Thrive CR <b>10:30 Target</b> 10:30 Relaxation/Meditation ES 12:30 Wii Bowling CR <b>12:30-3:30 Taylor Marie's Apparel in the Atrium</b> <b>6:30 Second Hand Hounds CR</b>	7 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL <b>11:10 Bank Run</b> <b>11:30 Arboretum Lunch and Flower Show</b> 1:00 Book Club FL 2:00 Trivia FL 3:00 Drumming CR	8 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour CR	9 9:45 Exercise CR 10:30 Wii Bowling CR 1:00 Bridge FL 1:00 Movie in the Theater	
10 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	11 9:45 Rise and Thrive CR <b>10:30 Cub Foods</b> 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy	12 <b>10:00 Eagle Ridge Valentine Visit CR</b> 1:30 Movie in the Theater 1:00 Writers Club FL 2:00 Procraftination w/Ericka GV 3:00 Wordscapes CR	13 9:45 Rise and Thrive CR <b>10:30 Walmart</b> 12:30 Wii Bowling CR <b>2:00 Chan O' Lares CR</b> <b>6:30 Second Hand Hounds CR</b>	14 <b>9:30 Cedar Ridge Visit CR</b> 10:30 Brain Power FL 11:00 Catholic Rosary FL <b>11:10 Bank Run</b> 1:00 Book Club FL <b>2:00 Valentine's Day Party CR</b>	15 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour CR	16 1:00 Movie in the Theater 1:00 Bridge FL 2:00 Bingo with Todd CR	
17 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	18 9:45 Rise and Thrive CR <b>10:30 Cub Foods</b> 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR	19 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Cafe 1:30 Movie in the Theater 1:30 Conversation with the Chef CR 3:00 Wisdom Circle GV 3:00 Wordscapes CR <b>6:30 NCL Bingo CR</b>	20 9:45 Rise and Thrive CR <b>10:30 Target</b> 10:30 Relaxation with Guided Imagery ES 12:30 Wii Bowling CR <b>2:00 Winter Carnival CR</b> <b>6:30 Second Hand Hounds CR</b>	21 9:45 Better Balance CR 10:30 Brain Power FL <b>10:30 Wellness Clinic A</b> 11:00 Catholic Rosary FL <b>11:10 Bank Run FL</b> 1:00 Book Club FL <b>2:00 Violin with Sarah and Hannah CR</b>	22 9:45 Rise and Thrive with Tai Chi CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR <b>2:00 Birthday Party and Music with John Bury CR</b>	23 9:45 Exercise CR 10:30 Bingo CR 1:00 Movie in the Theater 1:00 Bridge FL	
24 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	25 9:45 Rise and Thrive CR <b>10:30 Cub Foods</b> 10:30 Seated Yoga ES 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR	26 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café <b>11:00 Catholic Mass CR</b> 1:00 Sharing Loss FL 1:30 Movie in the Theater 2:00 Skipbo CR 3:00 Wordscapes CR	27 9:45 Rise and Thrive CR <b>10:30 Dollar Store</b> 10:30 Relaxation ES 12:30 Wii Bowling CR 2:00 Games CR <b>6:30 Second Hand Hounds CR</b>	28 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL <b>11:10 Bank Run</b> 1:00 Book Club FL 2:00 Trivia FL <b>6:45 Pistachio Singers CR</b>			