THE WATERS
PURPOSE PROGRAMMING℠

January 2019 Senior Living Calendar

**Calendar is subject to change*

SUN	MON	TUE	WED	THU	FRI	SAT
		1 **Happy New Year**	2 9:45 Rise and Thrive CR 10:30 Dollar Store 10:30 Relaxation ES 12:30 Wii Bowling CR 2:00 Games in the CR **6:30 Second Hand Hounds CR**	3 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL	4 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring FL 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour CR	5 1:00 Movie in the Theater 1:00 Bridge FL
6 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	7 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR	8 9:45 Better Balance CR 10:30 Colony Choir CR **10:30 Resident Food Committee PD** 10:30 Good News Café **1:30 Resident Council CR** 2:15 Movie in the Theater 2:15 Chicken Soup FL 3:00 Wisdom Circle GV	9 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation/Meditation ES 12:30 Wii Bowling CR 2:00 Travel to California CR **6:30 Second Hand Hounds CR**	10 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL **6:30 EP Girls Hockey Bingo CR**	11 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring FL 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour CR	12 9:45 Exercise CR 10:30 Treats in the Cafe 1:00 Bridge FL 1:00 Movie in the Theater 1:00 Rummikub CR
13 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	14 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy	15 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Cafe 1:30 Movie in the Theater 1:30 Conversation with the Chef CR **6:30 NCL Bingo CR**	16 9:45 Rise and Thrive CR 10:30 Walmart 10:30 Relaxation with Aromatherapy ES 12:30 Wii Bowling CR 2:00 Men's Group CR **6:30 Second Hand Hounds CR**	17 9:45 Better Balance CR 10:30 Brain Power FL **10:30 Wellness Clinic A** 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL **2:00 Happy Hour and Music**	18 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring FL 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour CR	19 1:00 Movie in the Theater 1:00 Bridge FL 2:00 Bingo with Todd CR
20 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	21 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR	22 9:45 Better Balance CR 10:30 Colony Choir CR 1:00 Writers Club GV 1:30 Movie in the Theater 3:00 Wisdom Circle GV	23 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation ES 12:30 Wii Bowling CR 2:00 Bingo with Ginny CR **6:30 Second Hand Hounds CR**	24 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run FL 11:30 Lunch at Lions Tap 1:00 Book Club FL 2:00 Trivia FL	25 9:45 Rise and Thrive with Tai Chi CR 10:30 Bible Study CR 10:30 Creative Coloring FL 12:30 Wii Bowling CR 2:00 Birthday Party CR	26 9:45 Exercise CR 10:30 Wii Bowling CR 1:00 Movie in the Theater 1:00 Bridge FL
27 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR **6:45 River Valley Dance CR**	28 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR	29 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café 1:00 Sharing Loss ES 1:30 Movie in the Theater 2:00 Skipbo CR	30 9:45 Rise and Thrive CR 10:30 Dollar Store 10;30 Relaxation ES 12:30 Wii Bowling CR 2:00 Root Beer Floats CR **6:30 Second Hand Hounds CR**	31 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL **2:00 Bloomington Bloomingtones CR**		

THE COLONY

OUTINGS

Cub Foods
Target
Walmart
Dollar Store
Bank Run

Calendar Key

A=Atrium
CR=Community Room
FL=Fireside Lounge
C=Café
ES=Exercise Studio
P=Patio
GV=Garden View
FD=Fine Dining
T=Theater

Thrive