THE WATERS
PURPOSE PROGRAMMING℠

JULY Senior Living Calendar

**Calendar is subject to change*

SUN	MON	TUE	WED	THU	FRI	SAT
1 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	2 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR **2:00 Essential Oils Presentation CR** 3:00 Waters Academy CR	3 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café **1:30 Resident Council and meet the new Executive Director CR** 2:15 Movie in the Theater	4 **Happy 4th of July**	5 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL **3:15 Travel to China "The Forbidden City" CR**	6 9:45 Rise and Thrive CR 10:30 Creative Coloring C 10:30 Bible Study CR 12:30 Wii Bowling CR **2:00 Chef Demo CR**	7 1:00 Movie in the Theater 1:00 Bridge FL
8 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	9 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga with Aromatherapy ES 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR	10 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café 1:00 Writers Club GV 1:30 Movie in the Theater 2:15 Games in the Community Room	11 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation ES 12:30 Wii Bowling CR **2:00 Music with Colleen Hiebler CR** **6:30 Second Hand Hounds CR**	12 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 11:30 Picnic at Purgatory 2:00 Trivia FL 3:00 Drumming CR	13 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring C 12:30 Wii Bowling CR **2:00 Speaker David Jones "Apollo Moon Program" CR**	14 9:45 Exercise CR 10:30 Bingo CR 1:00 Bridge FL 1:00 Movie in the Theater
15 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	16 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers and Visit with Shadow A 2:00 Trivia FL 3:00 Waters Academy CR	17 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café 1:00 Writers Club GV 1:30 Movie in the Theater 2:00 Games in the CR **6:30 NCL Bingo CR**	18 9:45 Rise and Thrive CR 10:30 Walmart 10:30 Relaxation with Aromatherapy ES 12:30 Wii Bowling CR 2:00 TED Talk: China **6:30 Second Hand Hounds CR**	19 9:45 Better Balance CR 10:30 Brain Power FL **10:30 Wellness Clinic A** 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL **2:00 Social Hour and Music with the High Hats CR**	20 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring C 11:15 Lunch at Red Moon 12:45 Wii Bowling CR 2:00 Ice Cream on the Garden View Patio	21 1:00 Movie in the Theater 1:00 Bridge FL
22 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	23 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR	24 9:45 Better Balance CR 10:30 Colony Choir RC 10:30 Good News Café **11:00 Catholic Mass CR** 12:45 Writers Club GV 1:30 Movie in the Theater **2:00 Music with Michael Hackett CR**	25 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation ES 12:30 Wii Bowling CR **2:00 Christmas in July CR** **6:30 Second Hand Hounds CR**	26 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL 3:00 Drumming CR	27 9:45 Rise and Thrive with Aromatherapy CR 10:30 Bible Study CR 10:30 Creative Coloring C 12:30 Wii Bowling CR **2:00 Birthday Party and Music with Connie Olson CR**	28 10:30 Bingo with Todd CR 1:00 Movie in the Theater 1:00 Bridge FL
29 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	30 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 2:00 Trivia FL	31 9:45 Better Balance CR 10:30 Colony Choir RC 10:30 Good News Café 1:30 Movie in the Theater 2:00 Games in the Community Room				

THE COLONY

OUTINGS

Cub Foods
Target
Walmart
Dollar Store
Bank Run
Picnic at Purgatory
Lunch at the Red Moon

Calendar Key

A=Atrium
CR=Community Room
FL=Fireside Lounge
C=Café
ES=Exercise Studio
P=Patio
GV=Garden View
FD=Fine Dining

Thrive