



SUN	MON	TUE	WED	THU	FRI	SAT	THE COLONY™
						1 1:00 Movie in the Theater 1:00 Majong A 1:00 Bridge FL	OUTINGS Cub Foods Target Walmart Dollar Store Bank Run
2 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	3 9:45 Rise and Thrive CR 10:30 Cub Foods 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR 6:45 Games with Janice FL	4 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café 11:00 Trip to Eden Prairie Mall 1:30 Resident Council CR 2:15 Movie in the Theater 3:00 Wordscapes CR	5 9:45 Rise and Thrive CR 10:30 Target 10:30 Wii Bowling CR 1:00-3:00 Taylor Marie's Fashion Show CR 2:00 Treats in the Cafe 6:30 Second Hand Hounds CR	6 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL 2:00 Men's Group CR	7 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 2:00 "The Dragonflies " Entertainment CR	8 9:45 Exercise 10:30 Wii Bowling CR 1:00 Bridge FL 1:00 Movie in the Theater 1:00 Majong A	Trip to Southdale Picnic at the Arboretum Lunch at Lions Tap
9 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	10 9:45 Rise and Thrive CR 10:30 Seated Yoga ES 10:30 Cub Foods 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR 6:45 Games with Janice FL	11 9:45 Better Balance CR 10:30 Resident QA Team DR 10:30 Colony Choir CR 10:30 Good News Café 1:00 Writers Club FL 1:30 Movie in the Theater 2:00 Procraftination GV 3:00 Wisdom Circle GV	12 9:45 Rise and Thrive CR 10:30 Dollar Store 10:30 Relaxation ES 12:30 Wii Bowling CR 2:00 Happy Hour and Music with Colleen Hiebeler CR 6:30 Second Hand Hounds CR	13 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Balance Checks w/ Ben CR 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL 3:00 Travel to Tennessee CR	14 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 2:00 Speaker: "The Octopus: The Oceans Strangest Creature CR	15 1:00 Movie in the Theater 1:00 Bridge FL 1:00 Majong A	Calendar Key A=Atrium CR=Community Room FL=Fireside Lounge C=Café ES=Exercise Studio P=Patio GV=Garden View FD=Fine Dining T=Theater CT=Coloring Tables
16 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	17 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR 6:30 "After 5" CR	18 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Cafe 1:00 Conversation with the Chef DR 1:30 Movie in the Theater 3:00 Wordscapes CR 6:30 NCL Bingo CR	19 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation with Guided Imagery ES 12:30 Wii Bowling CR 2:00 Bingo with Ginny CR 6:30 Second Hand Hounds CR	20 9:45 Better Balance CR 10:30 Brain Power FL 10:30 Wellness Clinic A 11:00 Catholic Rosary FL 11:00 Picnic at the Arboretum 11:10 Bank Run FL 1:00 Book Club FL 2:00 Trivia FL 3:00 Drumming CR	21 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 2:00 Ice Cream on the Patio	22 9:45 Exercise CR 10:30 Bingo with John CR 1:00 Movie in the Theater 1:00 Bridge FL 1:00 Majong A	The Waters Integrative Therapy of the Month is RELAXATION AND BREATHING. All Waters Integrative Therapies are incorporated into our classes. These include: Yoga, Relaxation and Breathing, Guided Imagery, Stretch and Meditation, Aromatherapy and Tai Chi
23/30 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	24 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Trivia FL 3:00 Waters Academy CR 6:45 Games with Janice FL	25 9:45 Better Balance CR 10:30 Colony Choir RC 10:30 Good News Café 11:00 Catholic Mass CR 1:00 Sharing Loss FL 1:30 Movie in the Theater 3:00 Wordscapes CR 3:00 Wisdom Circle GV	26 9:45 Rise and Thrive CR 10:30 Walmart 10:30 Wii Bowling CR 1:30 Author Timothy Boyce "From Day to Day: One Mans Diary of Survival" CR 6:30 Second Hand Hounds CR	27 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 11:30 Lunch at Lions Tap 1:00 Book Club FL 2:00 Birthday Party CR	28 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 2:00 Colony Cocktail Hour on the Patio	29 1:00 Movie in the Theater 1:00 Bridge FL 1:00 Majong A	