



SUN	MON	TUE	WED	THU	FRI	SAT	THE COLONY™
					1 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour A	2 1:00 Movie in the Theater 1:00 Bridge FL	<p>OUTINGS</p> <p>Cub Foods Target Walmart Dollar Store Bank Run</p> <p>Calendar Key</p> <p>A=Atrium CR=Community Room FL=Fireside Lounge C=Café ES=Exercise Studio P=Patio GV=Garden View FD=Fine Dining T=Theater</p>
3 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	4 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR	5 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Café 1:30 Resident Council CR 2:15 Movie in the Theater 3:00 Wisdom Circle GV 3:00 Wordscapes CR	6 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation/Meditation ES 12:30 Wii Bowling CR 2:00 Ash Wednesday Service CR 6:30 Second Hand Hounds CR	7 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL	8 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR 2:00 Chan O'Laires CR	9 1:00 Bridge FL 1:00 Movie in the Theater	
10 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	11 9:45 Rise and Thrive CR 10:00 Yoga ES 10:30 Cub Foods 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy	12 9:45 Better Balance CR 10:30 Resident QA Team DR 10:30 Good News Cafe 1:30 Movie in the Theater 1:00 Writers Club FL 2:00 Procraftination w/Ericka GV 3:00 Wordscapes CR	13 9:45 Rise and Thrive CR 10:30 Walmart 12:30 Wii Bowling CR 2:00 Somewhat Dixieland Band CR 6:30 Second Hand Hounds CR	14 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Balance Checks w/ Ben CR 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL	15 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour A	16 10:00 Prairie School of Dance CR 1:00 Movie in the Theater 1:00 Bridge FL	
17 St. Patrick's Day 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	18 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga with Aromatherapy ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 The Maple Street Ramblers CR	19 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News Cafe 1:30 Movie in the Theater 1:30 Conversation with the Chef CR 3:00 Wisdom Circle GV 3:00 Wordscapes CR 6:30 NCL Bingo CR	20 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation with Guided Imagery ES 12:30 Wii Bowling CR 2:00 Treats in the Cafe 6:30 Second Hand Hounds CR	21 9:45 Better Balance CR 10:30 Brain Power FL 10:30 Wellness Clinic A 11:00 Catholic Rosary FL 11:10 Bank Run FL 1:00 Book Club FL 2:00 Happy Hour and Music with the High Hats CR	22 9:30 Cedar Ridge Visit CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour A	23 1:00 Movie in the Theater 1:00 Bridge FL	
24/31 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	25 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Travel to New York CR 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR	26 9:45 Better Balance CR 10:30 Colony Choir RC 10:30 Good News Café 11:00 Catholic Mass CR 1:00 Sharing Loss FL 1:30 Movie in the Theater 2:00 Skipbo CR 3:00 Wordscapes CR	27 9:45 Rise and Thrive CR 10:30 Dollar Store 10:30 Relaxation ES 12:30 Wii Bowling CR 2:00 Games CR 6:30 Second Hand Hounds CR	28 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL 3:00 Drumming CR	29 9:45 Rise and Thrive with Tai Chi CR 10:30 Bible Study CR 10:30 Creative Coloring 12:30 Wii Bowling CR 2:00 Birthday Party CR	30 1:00 Medina North Dakota High School Band/Choir CR 1:00 Movie in the Theater 1:00 Bridge FL	