



SUN	MON	TUE	WED	THU	FRI	SAT	THE COLONY™
	1 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga T 12:30 Wii Bowling CR 12:30 Fancy Fingers in the Dining Room 2:00 Trivia FL 3:00 Waters Academy CR	2 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News FL 1:30 Resident Council CR 2:15 Movie in the Theater	3 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation T 1:00 Travel To Germany CR 2:15 Wii Bowling CR 6:30 Second Hand Hounds CR	4 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 3:00 Crescendi Strings CR	5 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring FL 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour CR 6:30 Anne of Green Gables T	6 9:45 Exercise CR 10:30 Wii Bowling CR 1:00 Movie in the Theater 1:00 Bridge FL	<p style="text-align: center;">OUTINGS</p> <p>Cub Foods Target Walmart Dollar Store Bank Run Lunch at the Arboretum Apple Orchard Trip Fall Leaf Drive</p> <p>Fall Cleaning Day will be Wednesday, October 17. If you have any items you would like to have taken to the Good Will, please bring them to the Community Room Wednesday, October 17 between 9:00 and 3:00. No furniture or heavy items will be accepted.</p> <p style="text-align: center;">Calendar Key</p> <p>A=Atrium CR=Community Room FL=Fireside Lounge C=Café ES=Exercise Studio P=Patio GV=Garden View FD=Fine Dining T=Theater M=Mailroom</p>
7 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	8 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoba T 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR	9 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News FL 1:00 Writers Club GV 1:30 Movie in the Theater 2:00 Procraftinating with Ericka GV	10 9:45 Rise and Thrive CR 10:30 Walmart 10:30 Relaxation T 12:30 Wii Bowling CR 2:00 Happy Hour and Music with Dan Newton CR 6:30 Second Hand Hounds CR	11 9:30 Cedar Ridge Visit CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Trivia FL 3:00 Drumming CR 6:30 YMSL Bingo CR	12 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring FL 10:30 Apple Orchard Trip 12:30 Wii Bowling CR 2:00 Colony Cocktail Hour CR 6:30 Anne of Green Gables T	13 1:00 Bridge FL 1:00 Movie in the Theater	
14 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	15 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga T 12:30 Wii Bowling CR 12:30 Fancy Fingers in the Dining Room 2:00 Trivia FL 3:00 Waters Academy CR	16 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News FL 1:30 Movie in the Theater 2:00 Creative Hands GV 6:30 NCL Bingo CR	17 Fall Cleaning Day 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation with Aromatherapy T 12:30 Wii Bowling CR 2:00 Ice Cream Social CR 6:30 Second Hand Hounds CR	18 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 1:00 Book Club FL 2:00 Apple Party CR 3:00 Drumming CR	19 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring FL 12:30 Fall Leaf Drive 2:00 Colony Cocktail Hour CR 6:30 Anne of Green Gables T	20 9:45 Exercise CR 10:30 Bingo with John CR 1:00 Movie in the Theater 1:00 Bridge FL	
21 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	22 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga T 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR	23 9:45 Better Balance CR 10:30 Colony Choir RC 10:30 Good News FL 11:00 Catholic Mass CR 1:00 Sharing Loss GV 1:30 Movie in the Theater 2:00 Music with Michael Hackett CR	24 9:45 Rise and Thrive with Aromatherapy CR 10:30 Dollar Store 10:30 Relaxation T 12:30 Wii Bowling CR 2:00 Bingo with Ginny CR 6:30 Second Hand Hounds CR	25 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 11:15 Lunch at the Arboretum 1:00 Book Club FL 2:00 Trivia FL 2:00 Men's Group CR	26 9:45 Rise and Thrive with Tai Chi CR 10:30 Bible Study CR 10:30 Creative Coloring FL 12:30 Wii Bowling CR 2:00 Birthday Party CR 6:30 Anne of Green Gables T	27 1:00 Movie in the Theater 1:00 Bridge FL	
28 10:00 Catholic Communion Service CR 1:00 Movie in the Theater 2:00 Colony Worship Service CR	29 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga T 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR	30 9:45 Better Balance CR 10:30 Colony Choir CR 10:30 Good News FL 1:30 Movie in the Theater 2:00 Creative Hands GV	31 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation T 12:30 Wii Bowling CR 2:00 Halloween Party CR 6:30 Second Hand Hounds CR				