



SUN	MON	TUE	WED	THU	FRI	SAT	THE COLONY™
<p>1 10:00 Catholic Communion Service CR 1:30 Movie in the Theater 2:00 Colony Worship Service CR</p>	<p>2 Labor Day</p>	<p>3 9:45 Better Balance CR 9:40 Let's Go Fishing 10:30 Good News Cafe 10:30 Resident QA Team DR 10:30 Colony Sing Along CR 1:30 Resident Council CR 2:15 Movie in the Theater 3:00 Wordscapes CR</p>	<p>4 9:45 Rise and Thrive CR 10:30 Dollar Store 10:30 Relaxation ES 12:30 Wii Bowling CR 2:00 Bingo with John CR</p>	<p>5 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 11:15 Lions Tap Lunch 1:00 Book Club FL 2:00 Trivia FL</p>	<p>6 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 2:00 Colony Cocktail Hour in the Atrium</p>	<p>7 1:00 Majong A 1:00 Bridge FL 1:30 Movie in the Theater</p>	<p>OUTINGS</p> <p>Cub Foods Target Walmart Dollar Store Bank Run World's Largest Candy Store</p> <p>Calendar Key</p> <p>A=Atrium CR=Community Room FL=Fireside Lounge C=Café ES=Exercise Studio P=Patio GV=Garden View FD=Fine Dining T=Theater CT=Coloring Tables</p> <p>All Waters Integrative Therapies are incorporated into our classes. These include: Yoga, Relaxation and Breathing, Guided Imagery, Stretch and Meditation, Aromatherapy and Tai Chi</p>
<p>8 10:00 Catholic Communion Service CR 1:30 Movie in the Theater 2:00 Colony Worship Service CR</p>	<p>9 Hat Day 9:45 Rise and Thrive CR 10:30 Seated Yoga ES 10:30 Cub Foods 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR 6:45 Games FL</p>	<p>10 Jersey Day 9:45 Better Balance CR 10:30 Good News Café 10:30 Colony Sing Along CR 1:00 Writers Club FL 1:30 Movie in the Theater 2:00 Music with Michael Hackett 3:00 Wordscapes CR 3:00 Wisdom Circle GV</p>	<p>11 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation ES 12:30 Wii Bowling CR 1:00 Taylor Marie's Apparel A 2:00 Treats in the Café 6:30 Second Hand Hounds CR</p>	<p>12 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:00 Balance Checks w/Ben CR 11:10 Bank Run 1:00 Book Club FL 2:00 Happy Hour and Music with the High Hats CR</p>	<p>13 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 2:00 Donuts with Aegis CR</p>	<p>14 9:45 Exercise CR 10:30 Wii Bowling CR 1:00 Bridge FL 1:00 Majong A 1:30 Movie in the Theater</p>	
<p>15 10:00 Catholic Communion Service CR 1:30 Movie in the Theater 2:00 Colony Worship Service CR</p>	<p>16 9:45 Rise and Thrive CR 10:30 Seated Yoga ES 10:30 Cub Foods 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR 6:45 "After 5" CR</p>	<p>17 9:45 Better Balance CR 10:30 Good News Café 10:30 Colony Sing Along CR 1:00 Conversation with the Chef 1:30 Movie in the Theater 2:00 Procraftination CR 3:00 Wordscapes CR 6:30 NCL Bingo CR</p>	<p>18 9:45 Rise and Thrive CR 10:30 Walmart 10:30 Relaxation ES 12:30 Wii Bowling CR 2:00 Pizza Party CR 6:30 Second Hand Hounds CR</p>	<p>19 9:45 Better Balance CR 10:30 Brain Power FL 10:30 Wellness Clinic A 11:00 Catholic Rosary FL 11:10 Bank Run 11:30 Picnic at Purgatory 1:00 Book Club FL 2:00 Trivia FL 2:00 Men's Group CR</p>	<p>20 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 1:30 Trip to the World's Largest Candy Store</p>	<p>21 10:30 Bingo with Todd CR 1:00 Bridge FL 1:00 Majong A 1:30 Movie in the Theater</p>	
<p>22 10:00 Catholic Communion Service CR 1:30 Movie in the Theater 2:00 Colony Worship Service CR</p>	<p>23 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 2:00 Trivia FL 3:00 Waters Academy CR 6:45 Games FL</p>	<p>24 9:45 Better Balance CR 10:30 Colony Sing Along RC 10:30 Good News Cafe 11:00 Catholic Mass CR 1:00 Sharing Loss FL 1:30 Movie in the Theater 3:00 Wordscapes CR 3:00 Wisdom Circle GV</p>	<p>25 9:45 Rise and Thrive CR 10:30 Target 10:30 Relaxation with Guided Imagery ES 12:30 Wii Bowling CR 2:00 Games CR 6:30 Second Hand Hounds CR</p>	<p>26 9:45 Better Balance CR 10:30 Brain Power FL 11:00 Catholic Rosary FL 11:10 Bank Run 11:15 Lunch at the Arboretum 1:00 Book Club FL 2:00 Trivia FL</p>	<p>27 9:45 Rise and Thrive CR 10:30 Bible Study CR 10:30 Creative Coloring CT 12:15 Wii Bowling CR 2:00 Birthday Party and Music with John Bury CR</p>	<p>28 10:30 Exercise CR 10:30 Wii Bowling CR 1:00 Bridge FL 1:00 Majong A 1:30 Movie in the Theater</p>	
<p>29 10:00 Catholic Communion Service CR 1:30 Movie in the Theater 2:00 Colony Worship Service CR</p>	<p>30 9:45 Rise and Thrive CR 10:30 Cub Foods 10:30 Seated Yoga ES 12:30 Wii Bowling CR 12:30 Fancy Fingers A 2:00 Trivia FL 3:00 Waters Academy CR 6:45 Games FL</p>						